# STV Safeguarding News

Issue 2: Spring Term 2022

At St Vincent's VC Academy, we have high expectations regarding the well-being of our children. All staff members have a responsibility to address issues that may arise concerning the well-being, welfare and safety of every one of our children. We welcome you to come in to school if you would like to discuss any changes your child may be going through at home. We can also provide support for any parents / carers who are struggling with home life or personal issues.

Our Child Protection Policy and other Safeguarding Policies can be found on our school website: https://stvhull.org

Our Safeguarding team are Mrs Joanne Bell, Ms Philippa Donnelly and Mrs Lucy Windeler.

Tel. 01482 342645







# **Current Issues:**

#### **Packed Lunches**

We have noticed that some children are bringing unhealthy pack ups to school which consist of very sugary foods, especially chocolate. We ask that children have a nutritious packed lunch.



#### **Online Safety for Parents & Carers**

We are delighted to announce that St Vincent's Academy have shown our commitment to protecting our pupils online and have worked with National Online Safety to deliver an interactive online workshop for all our parents & carers.

Please access the National Online Safety site using the link below where you can register as a parent/carer: https://nationalonlinesafety.com/enrol/st-vincent-s-voluntary-catholic-academy

Once you have registered, you will be able to access the "Online Safety for Parents and Carers" course and National Online Safety's Resources (which includes 50+ online platform guides on the latest social media channels and games).

Other useful online parent information for popular platforms:

Tiktok: <a href="https://nationalonlinesafety.com/guides/what-parents-need-to-know-about-tiktok">https://nationalonlinesafety.com/guides/what-parents-need-to-know-about-tiktok</a>

Instagram <a href="https://nationalonlinesafety.com/guides/instagram-reels">https://nationalonlinesafety.com/guides/instagram-reels</a>

Facebook <a href="https://nationalonlinesafety.com/guides/what-parents-need-to-know-about-facebook">https://nationalonlinesafety.com/guides/what-parents-need-to-know-about-facebook</a>

YouTube https://nationalonlinesafety.com/guides/what-parents-need-to-know-about-youtube

YouTube Kids <a href="https://nationalonlinesafety.com/guides/8-things-parents-need-to-know-about-youtube-kids">https://nationalonlinesafety.com/guides/8-things-parents-need-to-know-about-youtube-kids</a>

WhatsApp <a href="https://nationalonlinesafety.com/guides/whatsapp">https://nationalonlinesafety.com/guides/whatsapp</a>

Snapchat <a href="https://nationalonlinesafety.com/guides/snapchat">https://nationalonlinesafety.com/guides/snapchat</a>

Roblox https://nationalonlinesafety.com/guides/roblox-2021

Minecraft <a href="https://nationalonlinesafety.com/guides/minecraft-parent-s-guide">https://nationalonlinesafety.com/guides/minecraft-parent-s-guide</a>

Among Us https://nationalonlinesafety.com/guides/among-us

## What Parents & Carers Need to Know about

# SETTING UP NEW DEVICES

At Christmas, millions of lucky children will be excitedly ripping the wrapping off new phones, tablets, computers or consoles. However, in the rush to let young ones enjoy their shiny gadgets, many parents neglect to set these devices up safely – increasing the chances of children going online and stumbling across adult content, making expensive downloads or installing unsuitable apps. A little time configuring the device properly can save a lot of anguish later. Here are our top tips to ensure that a dream gift on Christmas morning doesn't turn into a nightmare by New Year.

#### PASSCODES FOR IPHONE/IPAD

If your child's getting their own iPhone or iPad, you can set parental controls that make it difficult for them to access inappropriate content or download expensive apps. Once the device is set up, go to the Settings app and tap Screen Time, then select Use Screen Time Passcode and enter a passcode. Keep it to yourself so your child can't switch the protection off.

#### SCREEN TIME SETTINGS ON iphone/ipad

Once you've set a Screen Time Passcode, you can adjust various safety settings. You could, for example, only allow communication with people from the Contacts app, place restrictions on App Store purchases and apply age limits to movies, music and web content. There are many more protective options available within the Screen Time settings section.

#### FAMILY LINK FOR ANDROID

Parents can manage Android phones and tablets, as well as Google Chromebooks, through Google's Family Link app. This gives your child some independence (and their own Google account) but lets parents monitor which apps are being used, set ilmits on content and ensure that parental permission is required to install apps. Look for Family Link in the Google Play Store.

## ADD A CHILD TO FAMILY LINK

The easiest way to add a child's device to Family Link is to set it up with its own Google account. It's a good idea to create this before they use their new phone, tablet or Chromebook. Once they're logged in, open the Family Link app on your phone, press '+' in the top right and add a new family member using their Google account details. Then follow the on-screen instructions.

#### FAMILY SHARING ON A MAC

Families using a Mac get similar screen time options to IPhone and iPad users. Again, if you're setting up a Mac for a child, make yourself the main admin and add them as a user. This is handled through Apple's Family Sharing service, which not only allows you to put controls on child accounts but share apps and other purchases with them too. Search 'family sharing' at https://support.apple.com.

ith parental controls for the PS5, you'll eed a PlayStation Network account as the family manager) and the hild will need their own account,

PLAYSTATION PARENTAL CONTROLS

#### SET AN ADMIN ON PCS

#### SET WINDOWS LIMITS

#### treat an XBOX like a PC

The same control settings you use for a PC can be used to apply parental controls on an Xbox. Again, once your child is signed into the Xbox with their own account, you can then monitor and regulate their activity from a PC or web browser. Microsoft's dashboard allows you to manage voice communication throug the conselers or you can limit who can

#### INSTALL XBOX FAMILY SETTINGS

If you don't have a PC, but your child does have an Xbox, it might be easier to use the Xbox Family Settings app for iPhone or Android. Here, you can restrict console screen time (particularly handy if the console is in a bedroom), restrict communication and monitor the types of game being played. There's also a feature where you can allocate spending money for games or in-game purchases.

#### DISCUSS IT WITH YOUR CHILD

If you're planning to implement any kind of restriction or protection settings on your child's new device, we'd recommend having a discussion with your young one first about what these controls do, and what they are for. If you try to impose parental controls surreptitiously or with no advance warning, don't be surprised if your child tries to find a way around them.

#### STAY VIGILANT

It's important to remember that none of these methods is 100% foolproof. Nobody will ever invent flawless filters or parental controls – not least because what's unacceptable to some parents is perfectly acceptable to others. So although devices' parental controls will help to keep your child safe online, they work best side by side with good old-fashioned parental vigilance.

### Meet Our Expert

Barry Collins has been a technology journalist and editor for more than 20 years, working for titles such as the Sunday Times, Which? PC Pro and Computerractive. He's appeared regularly as a technology pundit on television and radio, including on Newsnight, Radio 5 Live and ITV News at Ten. He has two children and writes regularly about internet safety issues.











