

Family learning offer a variety of free courses designed to increase the skills of parents, grandparents and carers of children.

Courses are being delivered on-line, give it a try and it doesn't matter if children join in.

To book onto a course call **01482 615 349** or email [learneradvice@hullcc.gov.uk](mailto:learneradvice@hullcc.gov.uk).

Unsure about which course is best for you, speak to one of our tutors at one of our on-line open events. To receive an invite e-mail [learneradvice@hullcc.gov.uk](mailto:learneradvice@hullcc.gov.uk), state which event you would like to attend, and the details of how to join will be sent to you. \*Details of events can be found below.

<b>Family Learning Online English – 6 weeks</b>	
<p>Stay ahead of your child's online learning!</p> <p>This 6 week online courses are aimed at parents, grandparents and carers of children in key stages 1 and 2 to help support their children's learning online.</p> <ul style="list-style-type: none"> <li>• Develop strategies to support your child's learning</li> <li>• Improve your knowledge of the current English curriculum</li> <li>• Explore working safely online</li> <li>• Improve the online learning experience for all</li> </ul>	<p><b>Choose a start date</b></p> <p>Tuesday 1 December 1:30pm -2:30pm</p> <p>Thursday 3 December 1:30pm – 2:30pm</p> <p>Thursday 3 December 7:30pm – 8:30pm</p>

<b>Family Learning Online Maths – 6 weeks</b>	
<p>Stay ahead of your child's online learning!</p> <p>This 6 week online courses are aimed at parents, grandparents and carers of children in key stages 1 and 2 to help support their children's learning online.</p> <ul style="list-style-type: none"> <li>• Develop strategies to support your child's learning</li> <li>• Improve your knowledge of the current maths curriculum</li> <li>• Explore working safely online</li> <li>• Improve the online learning experience for all</li> </ul>	<p><b>Choose a start date</b></p> <p>Tuesday 1 December 1:30pm -2:30pm</p> <p>Friday 4 December 10:00am – 11:00am</p>

<b>Supporting Your Child in Online Learning – 6 weeks</b>	
<p>Upgrade your essential digital skills!</p> <p>This 6 week online course is designed to give you the skills to support your child in on-line learning.</p> <p>Introduces you to the world of webinars, safe internet and social media use, communicating online and exploring a range of office packages.</p>	<p><b>Start date</b></p> <p>Monday 30 November 1:30pm-2:30pm</p>

<b>Online Understanding Mental Health – 6 weeks</b>	
<p>This 6 week online course aims to improve your own understanding, knowledge and skills in how to identify and support positive mental health lifestyles for yourself and your family.</p> <p>This interactive online course will introduce and explore ideas about Mental Health:</p> <ul style="list-style-type: none"> <li>• What is mental health?</li> <li>• Signs &amp; symptoms of mental illness</li> <li>• Strategies to support positive mental health</li> </ul>	<p><b>Start date</b></p> <p>Tuesday 1 December 10:00am – 11:00am</p> <p>Wednesday 2 December 1:30pm-2:30pm</p>

<b>Online Managing Children's Behaviour – 6 weeks</b>	
<p>This 6 week online course is designed to cover aspects of managing children's and help to:</p> <ul style="list-style-type: none"> <li>• Increase your knowledge of the influences and effects on your child's behaviour</li> <li>• Develop strategies to support children's challenging behaviour</li> <li>• Create activities and resources to support your child</li> </ul>	<p><b>Choose a Start date</b></p> <p>Monday 30 November 10:00am – 11:00am</p> <p>Thursday 1 December 10:00am – 11:00am</p>

**\*On-line open events**

Friday 27 November  
10:00am – 11:00am or 1:30pm -2:30pm

Wednesday 25 November  
1:30pm-2:30pm